The Rural Health Exposure Internship (2022-23)

Participating organisations:

- Basic Health Services Trust, Rajathan
- Gudalur Adivasi hospital, Nilgris, Tamil Nadu
- Tribal Health Initiative, Sittilingi, Tamil Nadu
- KCPatty Primary Health Center, Kodaikanal, Tamil Nadu
- Christian Hospital, Bissam Cuttack, Odisha
- Swasthya Swaraj Comprehensive Community Health Program, Kalahandi, Odisha
- Jan Swasthya Sahyog, Bilaspur, Chattisgarh
- Shaheed Hospital, Chattisgarh
- Aarohi, Satholi, Uttarakhand
- Jan Chetna Manch, Bokaro, Jharkhand
- Vivekananda Girijana Kalyana Kendra, Karuna Trust, B.R.Hills

While safe motherhood is a given in the big cities where we were trained, it still remains a distant dream in the villages of Orissa. Swasthya Swaraj has opened my eyes to the bigger more glaring reality.
Offering young Indian doctors a seat on a 12 month journey of searching and learning

Exploring alternative pathways in the pursuit of "Health for all", especially for the poor and the marginalized.

Exploring your inner aspirations and determining what you would want to do as a doctor in India

Purpose
There is an increasing number of doctors who are dissatisfied with the trends in mainstream healthcare and are looking for socially relevant alternatives. We offer you a semi-structured programme where you can explore the possibilities and challenges of rural health.

This programme offers you opportunities to visit different initiatives and interact closely with people engaged with primary and secondary care in areas of need.

It is both a self-exploratory journey as well an exploration of the far-reaches of our country.

Who can apply
Young doctors who would like to take a year off after MBBS or post graduation, or perhaps a mid-career break

Educational approach
The programme offers multiple engagements in real-life contexts. The focus is on the individual and facilitating his/her search through experiential learning and a total immersion experience. Mentoring is a vital part of this journey.

Basic structure of the programme
The 12 months will be divided into 3 to 4 postings with bridge periods in between. There will be an introductory session, a mid-internship meet with co-travellers and a meeting at the end of one year.

Stories from the field
If the myth of tuberculosis control or that of food security has to be busted, one of the places to go to is South Udaipur where BHS is working. The terrain and social determinants are quite challenging.

This fellowship is an essential and crucial part of the learning process. I think being a health care provider is incomplete without going through such a rotation, be it long or short, in our career.

Tentative dates:
Last date of receiving applications: 20th May, 2022
Interviews: 25th May to 10th June, 2022
Orientation: 22nd to 29th June, 2022

Dr. Vasundhara

While safe motherhood is a given in the big cities where we were trained, it remains a distant dream for the mothers in the villages of Orissa. Swasthya Swaraj has opened my eyes to the glaring reality. This kind of exposure should be mandatory for all doctors since we are only exposed to the tertiary care during our training.

Dr. Pravin (Coordinator)
Stipend
A modest stipend will be paid, enough to cover your travel and living expenses.

Selection
Selection will be based on a written application along with testimonials, followed by an interview. We take up to 5 candidates each year.

Flexibility
The postings and exit options will be flexible so that you can pursue what interests you the most. You can choose to spend your posting in the clinic acquiring skills, in the community, or with any of the other ventures of the host organisation.

For more information: rhccfellowship@gmail.com
pravinsingarayar@gmail.com
zachariah@cmcvellore.in
regilalitha@gmail.com

Contact:
Pravin Singarayar: 9786198777
Anand Zachariah: 9486939804
Regi George: 9488344325

For application forms and more details, visit:
https://ruralsensitisationprogram.org/thi-fellowship-program/

This initiative is supported by the Paul Hamlyn Foundation