SOME TIPS BEFORE YOUR CAMP IN Gudalur

Accommodation: We have our nursing school hostel with simple rooms with bunk beds. Based on the number of applicants, you may have to either share the beds or provide mattresses on the floor. Please be accommodative – We have 25 slots and acceptance of application is on a first come first serve basis. Please bring your towels and toiletries, it will not be provided. We shall provide bed linen and thin blankets. As it will be summer, you will not need warm clothes. Please carry a torchlight for emergency and slippers as you will have to take off your foot ware often. Our campuses are smoking and alcohol free – so please respect this. Also try not to be too loud and respect the locals and their customs.

Clothes: All <u>informal clothes please</u>, but not too revealing as to upset local sensibilities. Normal footwear is slippers, but bring a pair of walking shoes for any short trek to the villages. In case you get to be in the stream-If boys do want to jump in the streams, please bring a pair of shorts. Ladies, sorry – you will have to cover yourself even if you want to jump in the stream.

Food: Will be simple. Morning, afternoon& night you will have traditional Tamilian fare. Please carry an empty Tiffin box and water bottle which will be useful for the village visit.

Time: We have only 3 days and there is so much to see, learn and discuss. So please keep up time for all the sessions and visits otherwise it would be an inconvenience to all. Please come in on Thursday night so that you have a good sleep and start the camp early on Friday. But if that's not possible at least reach by Friday early morning. On Sunday, please try to be here till 4 pm so that you can maximise your inputs. Remember, the best time in all these meetings is the times between the sessions — where you can freely mix, make new friends, have your doubts cleared by the resource persons and sing, dance and joke. We are there for you anytime during the 3 days, so don't hesitate to catch any of the "seniors" to pick their brain.

Communication: All networks work here. Less of mobile use and more of interaction with people around and ones who are here for the camp will be much appreciated.

Fee: We will be charging **Rs.1000** per person to make this programme as it can then cover for the food and village travel thus making this programme sustainable. But in case anyone cannot afford or needs concession you can reach out to us individually.

AND ABOVE ALLHAVE FUN:)